

May Adult Programs at Hughes Library



1002 N. Ninth Street, Stroudsburg, PA • 570-421-0800

Hughes Hours

Sunday: 12pm-5pm
 Monday: 9am-8pm
 Tuesday: 9am-8pm
 Wednesday: 9am-8pm
 Thursday: 9am-8pm
 Friday: 9am-5pm
 Saturday: 9am-5pm

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

26

(RR!) = Registration required
(Rrq) = Registration requested (it helps us!)
But all programs are free!

More info.? Want to register? Contact us!

• 570-421-0800 ext. 317 •
 reference@monroepl.org • www.monroepl.org

30



Tech Thursday:
 Microsoft Word
 Basics
 2pm
(RR!)

1



Free Cognitive
 Screens by
 St Luke's
 (drop-in)
 1:30pm-3:30pm

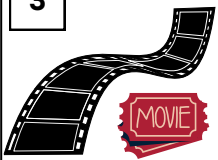
Chair Cardio
 w/ Luz
 2pm-3pm

2



**Program
 descriptions on
 back!**

3



Free Film:
 Hamnet
 2pm

4

Fly Tying
 Demo
 1pm-4pm

Chair Yoga
 w/ Luz
 2pm-3pm

Monday
 Sit & Stitch
 3pm-4:30pm

5

Ask a Master
 Gardener
 2pm-3pm

Mother's
 Day/Spring
 Folded Card
 Workshop
(RR)
 11am or 12:30pm
 2 sessions!

HUB
 Book Club
 6:30pm

6



Color
 Yourself Calm
 12:30pm - 3pm
 (drop-in)

7



Tech Thursday
 Investment
 Research Class
 2pm
(RR!)

8



A Mini Derby Hat
 Craft (Low
 Pressure Craft
 for Adults)
 10:30AM
(RR!)

Chair Cardio
 w/ Luz
 2pm-3pm

9



10



Sunday
 Sit & Stitch
 1pm - 3pm

11



Chair Yoga
 w/ Luz
 2pm-3pm

Fly Tying Demo &
 Practice Booth
 1pm-4pm

12



Free Film:
 The Joy Luck
 Club (1993)
 2pm

Chair Zumba
 w/ Danny
 5:30pm **(Rrq)**

13

Color
 Yourself Calm
 12:30pm -
 3pm

Booktalk
 Book Club
 1pm

Book Swap
 5pm-7pm
 (drop-in)
(Rrq)

14



Tech Thursday:
 Computer
 Confidence
 Class
 2pm
(RR!)

15



Free Concert:
 Danny Grae
 (country, pop,
 rock, jazz, &
 blues!)
 Doors Open
 6:30pm

16



Guided
 Meditation
 with Luz
 2pm-3pm
(Rrq)

17



18

Fly Tying
 Demo
 1pm-4pm

Chair Yoga
 w/ Luz
 2pm-3pm

Monday
 Sit & Stitch
 3pm-4:30pm

19



Ask An Advocate:
 Q&A on
 Interpersonal
 Violence
 10am (walk-in)

Arthritis & Better
 Sleep Health
 Booth
 9am-12pm
 (drop-in)

20



Color
 Yourself Calm
 12:30pm - 3pm

21

Word Basics
 Class
 2pm
(RR!)

Porch Planter
 101 Workshop
 4pm
(RR)

Kaleidoscope
 Book Club
 6pm

22



Chair Cardio
 w/ Luz
 2pm-3pm

23



Red Cross
 Blood Drive
 9:30am-
 2:30pm

24



Library Closed
 --
 All Branches

25



Library Closed
 --
 All Branches

26



Wordplay
 Social:
 1:30pm - 4pm

27



Color
 Yourself Calm
 12:30pm - 3pm

Library Board
 Game Night
 4pm-8pm

28

Tech
 Thursday:
 Computer
 Confidence
 Class
 2pm
(RR!)

Ask An Advocate:
 Q&A on
 Interpersonal
 Violence
 5:30pm (walk-in)

29



Children &
 Teen's Used
 Book Sale
 4pm-7pm

30

Children &
 Teen's Used
 Book Sale
 9am-4pm

31

Children
 &
 Teen's
 Used
 Book
 Sale
 12pm-
 4pm

May's Highlighted Adult Programs @ Hughes Library

All library programs are **free!** However, some require or request registration.

To register or for more information, call our information desk at 570-421-0800 ext. 317.

These programs are intended for *adults*. For a **full** list of events with descriptions, visit www.monroep.org.

Sunday, May 24th and Monday, May 25th - All branches of EMPL will be CLOSED.

Free Cognitive Screens by St Luke's - Friday, May 1st, 1:30pm-3:30pm (drop-in) - Hughes Lobby - St. Luke's University Health Network will be on site in our lobby to answer questions and provide cognitive screenings. Knowledge and screenings help identify early signs of cognitive decline, enabling timely interventions and care to improve overall brain health. No appointment needed.

Free Sunday Film: Hamnet - Friday, May 3rd, 2pm-4pm - Community Room - . Set in 16th-century England, *Hamnet* follows Agnes, a perceptive healer, and her husband William, an aspiring playwright. When tragedy strikes with the loss of their only son, the couple must navigate profound grief and the strain it places on their relationship. Starring Jessie Buckley and Paul Mescal. Rated PG-13 for thematic content, some strong sexuality, and partial nudity. Shown with closed captions/English subtitles.

Elegant Mother's Day & Spring Folded Card Craft w/ Alicia - TWO TIME SLOTS - Tuesday, May 5th, 11am or 12:30pm - Eisemann Room - Create a beautiful, intricate folded card inspired by Mother's Day or the fresh charm of spring! These handmade cards feature layered designs, coordinated patterns, and elegant details—perfect for gifting or displaying. Option of an 11am session or a 12:30pm session. Adults/Ages 18+ only. **Registration is required** to secure your spot; call 570-421-0800 ext. 317. **Registration opens Monday, April 20th.**

HUB Book Club - Tuesday, May 5th, 6:30pm - Eisemann Room/Zoom - May's Book: *The Plot* by Jean Hanff Korelitz. Monthly title selections are available through the EMPL catalog. Some copies may also be available through our eBook services Libby and Hoopla. Call 570-421-0800 x311 and ask for Jason, or email jvigorito@monroep.org for more information or for the Zoom link. New members welcome!

Hats Off to Spring: A Mini Derby Hat Craft (Low Pressure Craft for Adults) - Friday, May 8th, 10:30am-11:30am - Eisemann Room - Craft a small, eye-catching hat using yarn/thread, glue, bottle caps and some bonus decorations. The focus is on fun, creativity, and connection rather than perfection—results may vary. Be prepared for some messy hands! For adults only (ages 18+). **Registration required.** Call 570-421-0800 ext. 317 to register. **Registration opens Monday, April 20th.**

Free Weekday Classic Film: Joy Luck Club (1993) - Tuesday, May 12th, 2pm-4:20pm -- Community Room - A moving drama directed by Wayne Wang and based on the novel of the same name by Amy Tan. Set between San Francisco and China, the film follows four Chinese immigrant mothers and their American-born daughters as they reflect on their pasts and navigate the complexities of family, identity, and cultural heritage. Rated R for strong thematic material. Shown with closed captions/English subtitles.

Evening Chair Zumba® with Danny Grae - Tuesday, May 12th, 5:30pm - Community Room - Discover the joy of Chair Zumba®, a seated adaptation of Zumba®. Enjoy an upper body workout perfect for all fitness levels, plus it's low impact! Don't worry - you'll still break a sweat! Adaptable for wheelchair users and most fitness abilities. **Registration requested;** walk-ins welcome. Call 570-421-0800 ext. 317

BookTalk Book Club - Wednesday, May 13th, 1:00pm-3:00pm -- Board Room - May's Book: *Klara and the Sun* by Kazuo Ishiguro. A monthly book club on 2nd Wednesday afternoons! Monthly title selections are available through the EMPL catalog. Some copies may also be available through Libby and Hoopla. Call 570-421-0800 x311 and ask for Jason, or email jvigorito@monroep.org for more information.

Book Swap: Bring a Book, Take a Book - EVENING EDITION - Wednesday, May 13th, 5pm-7pm, drop-in - Eisemann Room - Bring a book, take a book - to keep! Only books in gently used condition will be accepted. Note: This is a book swap for adults and books will be mostly for adult readers with occasional young adult selections. Remaining books will be donated to the Friends of Eastern Monroe Public Library. For adults, but ages 16+ welcome. **Registration helpful** for staff planning but not required. Call 570-421-0800 ext. 317 to register.

Free BookHouse Concert: Danny Grae (country, pop, rock, jazz, & blues!) - Friday, May 15th, 7pm (doors open 6:30pm) - Community Room - Enjoy a free concert with Danny Grae, a charismatic singer and entertainer blending country, pop, rock, jazz, and blues. With a rich, versatile voice, Danny delivers a fun and engaging performance you won't want to miss. You may also recognize him as our energetic chair Zumba instructor at the library! Refreshments available for a small cost; donations appreciated.

Guided Meditation w/ Luz - Saturday, May 16th, 2pm-3pm - Community Room- Known for her Chair Yoga and Movement classes, Luz will guide you through mindfulness practices. Whether you bring a mat or prefer a chair, this session is designed to help you feel centered and grounded. Please bring water for hydration. **Registration requested** but not required: 570-421-0800 ext. 317.

Ask An Advocate; Q&A on Interpersonal Violence - TWO TIME OPTIONS - Tuesday, May 19th, 10am (day session) OR Thursday, May 29th, 5:30pm (evening session) - Eisemann Room - SAFE Monroe's staff will come to discuss the dynamics of domestic/sexual violence. Discussions will dive into how to respond if someone confides in you, common red flags in unhealthy relationships, legal options for those who are unsafe, victim's rights, and resources within the community. Advocates will also allow plenty of time for questions and comments.

Porch Planter 101 Workshop - Thursday, May 21st, 4pm-6pm -- Create a beautiful porch planter! Participants will design and assemble a small container using shade to part-sun ornamental plants. Master Gardeners will share tips to help your planters thrive all season long. **Registration required, for adults/ages 18+ only.** Call 570-421-0800 ext. 317 to register. **Registration opens Monday, May 4th.**

Weekly/Semi-Weekly Programs (unless stated otherwise/not listed on calendar)

Mondays @ 1pm-4pm - **Drop-in Fly-Tying** - Join John from Trout Unlimited! Watch fly-tying in action & practice some ties. Ties donated to Valor.

Mondays @ 2pm - **Chair Yoga** - Enjoy yoga and movement from a seated position—or explore standing mat poses. First come, first served!

Mondays (1st & 3rd Mondays only) from 3pm-4:30pm - **Sit & Stitch** - A social (not instructional) meet-up for crafts. Bring your WIP! Drop-in.

- Sit & Stitch also on 2nd Sundays from 1pm-3pm

Wednesdays from 12:30pm-3pm - **Color Me Calm: Adult Coloring** - Self-guided, all supplies provided. Drop-in anytime.

Thursdays @ 2pm - **Tech Classes** - Topic varies weekly. Free. For beginners but all welcome. **Registration required.** Call 570-421-0800.

Fridays @ 2pm - **Chair Cardio/Movement** - Enjoy cardio & movement from a seated position or try it standing. First come, first served!