



SEPTEMBER



Adult Programs at **Hughes Library**

Closed for Labor Day

Sunday, September 1st & Monday, September 2nd

All branches closed Sunday, September 1st and Monday, September 2nd for the holiday. Normal hours resume Tuesday, September 3rd.

HUB Book Club

Tuesday, September 3rd, 6:00pm -- Eisemann Room/ Zoom

This month's selection of the Hughes United Book Club (HUB) is Ann Patchett's *Bel Canto*. An e-book copy of this title is available on Hoopla. If you are not currently a member of the club but would like to join us, call 570-421-0800 x. 311 and ask for Jason or send an email to jvigorito@monroepl.org. New members are always welcome!

Modern Marianismo: Talk & Book Signing with Dr. Damary Bonilla-Rodriguez

Thursday, September 5th, 5:30pm -- Community Room

Join us for an engaging discussion with Dr. Damary Bonilla-Rodriguez as she delves into her book, *Modern Marianismo*, exploring the impact of cultural expectations on women's roles. The event includes a book signing, light refreshments, and a performance by Rebel Stages. This is a valuable opportunity to challenge stereotypes and engage in a meaningful conversation about gender roles in society.

Red Cross Blood Drive

Saturday, September 7th, 9:30am-2:30pm -- Community Room

Join us for a vital blood drive hosted by the American Red Cross at Hughes Library. Both Power Red and Whole Blood donations will be accepted. Registration is required—call 1-800-RED CROSS or visit redcross.org/rapidpass to schedule your appointment and help save lives.



Contact us!
Hughes Library
1002 N. Ninth St., Stroudsburg, PA 18360
570-421-0800 ext. 317
reference@monroepl.org





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Adult Programs at **Hughes Library**

Sit and Stitch: Sunday Edition!

Sunday, September 8th, 1pm - 4pm (drop-in) -- Eisemann Room

Join us for a relaxing, self-guided crafting social on select Sundays! Bring your current project and connect with fellow crafters in a friendly, supportive environment. All skill levels are welcome. Registration is required due to limited space, but walk-ins are welcome if space permits. Call 570-421-0800 ext 317 to register.

Chronic Pain Health Booth

Monday, September 9th, 1:00pm - 4:00pm (drop-in) -- Hughes Library Lobby

Drop by the Hughes Library Lobby between 1pm and 4pm to visit our Chronic Pain Health Booth! Speak with a PA Department of Health nurse about managing chronic pain and learn how to develop healthy habits. No appointment necessary.

Smart Money Strategies: Practical Tips for Budgeting, Saving, and Investing

Tuesday, September 10th, 4:00pm -- Eisemann Room

Learn essential strategies for managing your finances effectively with practical tips on budgeting, saving, and investing. Registration is recommended due to limited space; call 570-421-0800 ext. 316 to secure your spot. Walk-ins allowed space permitting.

Eric Mintel Investigates: Paranormal Projection Room

Thursday, September 12th, 6:00pm -- Community Room

Join us for a captivating evening with Eric Mintel as he shares his latest paranormal investigations, including video footage of ghostly encounters, UFO sightings, Bigfoot, and more. Perfect for adults but open to all ages, this event offers a unique dive into the unknown. Walk-ins are welcome, but reservations are appreciated. To reserve your spot, call 570-421-0800 ext. 316.



<p>Contact us!</p> <p>Hughes Library 1002 N. Ninth St., Stroudsburg, PA 18360</p> <p>570-421-0800 ext. 317 reference@monroepl.org</p>
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**See next page
for more programs!**



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Adult Programs at **Hughes Library**

Fit for a Cause: Zumba® and Yoga Movement Fundraiser

Saturday, September 14th & Sunday, September 15th,
2:00pm - 4:00pm each day -- Community Room

Get moving for a great cause at the Fit for a Cause Zumba® & Yoga Fundraiser! On September 14 and 15th, 2024, from 2:00 PM to 4:00 PM each day, Hughes Library will host 40-minute Zumba® and Yoga sessions, followed by meditation, with certified instructors Luz and Lisa. Each day is \$20 or \$35 for both, with proceeds supporting EMPL, National Ovarian Cancer Coalition, and Breast Friends of Pennsylvania. Pre-registration highly recommended; walk-ins accepted only if space allows. Contact Luz at 917-972-0937 or yogawithluz@gmail.com to register and for info.

Ask a Master Gardener

Monday, September 16th, 2:30pm - 3:30pm (drop-in) -- Hughes Library Lobby

Don't miss the chance to connect with the Penn State Extension Master Gardeners of Monroe County for their second-to-last session of 2024! Drop in to have your gardening questions answered—no appointment needed. They won't be back until next Spring/Summer, so be sure to take advantage of this opportunity!

Sit & Stitch

Monday, September 16th, 3:30pm - 5:00pm (No session on 09/02) -- Community Room

Join us at Hughes Library for a creative crafting session where all crafts and skill levels are welcome! Bring your own supplies and enjoy a self-guided experience every 1st and 3rd Monday from 3:30pm to 5pm in the Community Room. While there is no formal instruction, you'll find a supportive atmosphere with friendly crafters ready to chat and help. Drop in or stay for the whole time—everyone is welcome!



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Evening Chair Zumba with Danny Grae

Tuesday, September 17th, 5:30pm

Discover the joy of Chair Zumba with Danny, a seated adaptation of the popular Zumba dance fitness program. Led by licensed instructor Danny Grae, this high-energy class offers a toned upper body workout with easy-to-follow choreography and a sense of humor. Registration requested; walk-ins welcomed space permitting. Call 570-421-0800 ext. 317 to register and join us for a fun-filled fitness experience!

Getting Started with E-Books: An Evening Tutorial

Thursday, September 19th, 6:00pm – Eisemann Room

Explore eBooks and eAudiobooks with EMPL's expert staff! Learn how to access the library's digital collection using your library card. Registration required for this unique evening tutorial due to limited space. Call 570-421-0800 ext. 317 to register.

Bethlehem Steelworkers and the Restructuring of an Industrial Working Class: An Author Talk with Dr. Jill Schennum

Sunday, September 22nd, 2024, 2:00pm – Community Room

Join us for an conversation with Dr. Jill Schennum as she shares the powerful stories of Bethlehem's steelworkers chronicled in her new book "As Goes Bethlehem." Schennum paints a vivid picture of the profound changes these workers experienced following the closure of the iconic Bethlehem Steel Corporation. Gain a unique perspective into the human impact of deindustrialization on the Bethlehem community. Registrations are requested but not required - call 570-421-0800 ext. 316 to reserve your spot.





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Adult Programs at **Hughes Library**

Seed Ball Workshop & Presentation

Monday, September 23rd, 2:00pm -- Eisemann Room

Experience an educational and hands-on workshop led by expert Master Gardeners from Penn State Extension, Monroe County. Participants will craft eco-friendly seed balls using a mix of soil, clay, and native plant seeds while learning planting techniques to ensure their successful growth. This event is perfect for all gardening skill levels - adults only.. Registration is required; call 570-421-0800 ext. 317 to reserve your spot.

Word Play Social: Scrabble, Bananagrams, & More!

Tuesday, September 24th, 1:30pm - 4:00pm (drop-in) -- Pullen Room

Join us for a fun and social word game gathering every fourth Tuesday from 1:30pm to 4pm at Hughes Library. Use one of the provided Scrabble, Bananagrams, and other word game boards, or bring your own favorite. It's a self-guided, come-and-go event - stay for the whole time or just stop by for a bit. No registration required.

College Funding: Effective Strategies for Managing Costs

Wednesday, September 25th, 2:00pm -- Eisemann Room

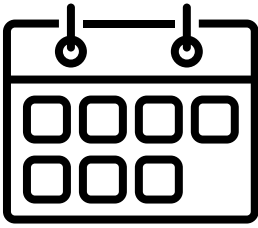
Learn effective strategies for managing college costs, including how to take advantage of tax benefits for college savings. This session will help you navigate the financial challenges of higher education with greater confidence.

Free BookHouse Concert: Doc Pappa & the Renegade Ramblers

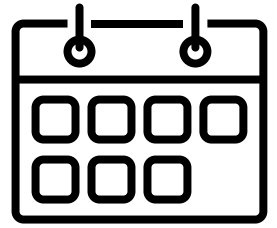
Friday, September 27th, 7:00pm (doors open 6:30pm) -- Community Room

Enjoy an evening of live Bluegrass, Gospel, and Irish music with Doc Pappa & the Renegade Ramblers, blending blues into traditional tunes. The trio performs popular covers along with original songs from their albums Lonesome Whistle Suite and Aliens Among Us. Admission is free and open to all ages. Seating is first-come, first-served, with refreshments available for a modest charge.





Regular



Adult Programs at **Hughes Library**

Chair Yoga

Every Monday, 2:00pm (unless otherwise specified)

Hughes Community Room

September: No class 09/02

Please dress comfortably and bring water to stay hydrated. There is no cost to attend! For ages 14 and up.



Sit & Stitch!

First & Third Mondays, 3:30pm - 5:00pm (Community Room)

Select Sundays, 1pm-3:30pm (Eisemann Room)

September: No class 09/02; Sunday Edition on 09/08

A social event. Whether you love crochet, knitting, spinning, sewing, or any craft, come connect with fellow enthusiasts. Feel free to drop in for a brief visit or stay for the entire session. Please bring your own supplies.

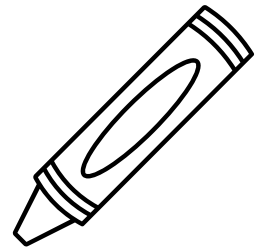


Color Yourself Calm – Adult Coloring Program

Every Wednesday, 12:30-3:00pm (unless otherwise specified)

Pullen Room

Join us every Wednesday for our Color Yourself Calm Adult Coloring Program. Choose a page from a variety of coloring books and sit down and color! All materials provided by the library. Drop-in.



Tech Thursday Classes

Every Thursday, 2:00pm - 3:00pm (unless otherwise specified)

Pullen Room *registrations required*

Perfect for beginners! Secure your spot by registering in advance—call the reference desk or visit www.monroep.org for the schedule.

Limited space available.



Chair Cardio/ Movement Exercise Class

Every Friday, 2:00pm (unless otherwise specified)

Hughes Community Room

September: No class on 09/27

A mix of yoga, cardio, and Zumba for ages 14 & up. Please dress comfortably and bring water to stay hydrated. No cost to attend!

