

## **August** Adult Programs at Hughes



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	570-421-0800 ext. 317 reference@ monroepl.org www.monroepl.org			Intro. to Brainfuse 2pm - 3pm <b>(R)</b>	Chair Cardio 2pm	
	<b>5</b>	6	<del>\</del> 7	8	<b>Y 9</b>	10
*FREE* Sunday Movie Matinee: American Fiction 2pm	Chair Yoga 2pm Sit & Stitch	HUB Book Club 6pm <b>(R)</b>	Color Yourself Calm 12:30pm - 3pm (drop-in)	Internet Safety & Essential Digital Skills 2pm - 3pm <b>(R)</b>	Hair Loss & Causes Health Booth 1pm - 4pm (drop-in)	
	3:30pm - 5pm		Adventure Reads Book Club 6pm <b>(R)</b>	Evening Chair Zumba 5:30 pm <b>(R)</b>	Chair Cardio 2pm	
Sit & Stitch 1pm - 4pm (R)	12	13	14 Color	15	16	17
	Chair Yoga 2pm	Red Cross Blood Drive 9:30am-2:30pm on Wed., 8/14 (R)	Yourself Calm 12:30pm - 3pm (drop-in)	Digital Reading 101: E-books and E-Audiobooks 2pm - 3pm <b>(R)</b>	Chair Cardio 2pm	· ·
	y <b>19</b>	20	Beekeeping 5pm	22	23	24
Ask a Master Gardener 2:30-3:30 (drop-in) on Mon., 8/19	Chair Yoga 2pm		Color Yourself Calm 12:30pm - 3pm (drop-in)	Navigating the Stock Market w/ Library Tools	Free Concert! Nancy & Spencer Reed (jazz)	
	Sit & Stitch 3:30pm - 5pm		Adult Board Game Night 4pm - 8pm	2pm - 3pm <b>(R)</b>	7pm (doors open @ 6:30pm)	
5	26	27	28	29	30	31
	Chair Yoga 2pm	Scrabble Social 2pm-4pm (drop-in)	Color Yourself Calm 12:30pm - 3pm (drop-in)	Introduction to Podcasts 2pm - 3pm <b>(R)</b>	Chair Cardio 2pm	