

July

Adult Programs at Hughes

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1

Chair Yoga
2pm

Sit & Stitch
3:30pm - 5pm

2

1

Hughes United
Book Club
6:30pm - 8pm
(R)

3

Color
Yourself Calm
12:30pm - 3pm
(drop-in)

4

**ALL
BRANCHES
CLOSED FOR
HOLIDAY**

5

Chair Cardio
2pm

6

7

Sit & Stitch:
Sunday
Edition!
1pm - 3:30pm
(R)

8

Sun Safety
Health Booth
1pm - 4pm

Chair Yoga
2pm

9

10

Color
Yourself Calm
12:30pm - 3pm
(drop-in)

11

Intro. to
Computers
and the
Internet
2pm - 3pm **(R)**

12

13

14

Sunday Movie
Matinee
2pm

15

Ask a Master
Gardener
2:30-3:30

Chair Yoga
2pm

Sit & Stitch
3:30pm - 5pm

16

Drones 101
Talk
6pm
(R)

17

Color
Yourself Calm
12:30pm - 3pm
(drop-in)

Adventure Reads
Book Club
6pm **(R)**

18

Digital
Reading 101
2pm - 3pm **(R)**

Adult Board
Game Night
4pm - 8pm

19

Chair Cardio
2pm

20

21

22

Renter's
Education
Program -
Part I
10am **(R)**

Chair Yoga
2pm

23

Fields of
Wisdom:
Discovering
Local Food
Systems
Lecture
6pm **(R)**

24

Renter's
Education
Program -
Part II
10am **(R)**

Color
Yourself Calm
12:30pm - 3pm
(drop-in)

25

Navigating
iPads and
iPhones
2pm - 3pm **(R)**

26

Renter's
Education
Program -
Part III
10am **(R)**

Free Concert:
Ekat & Phil
7pm
(doors open
@ 6:30pm)

27

28

29

Chair Yoga
2pm

30

BONUS CLASS!
Chair Yoga
2pm - 3pm
on 07/31

31

Color
Yourself Calm
12:30pm - 3pm
(drop-in)

Climate
Change Lecture
6pm **(R)**

More information? Contact us!

(R) = *Registration required or preferred*

570-421-0800 ext. 317
reference@monroep.org
www.monroep.org