

MENTAL ILLNESS

Many titles may also be available with your library card as ebooks or audiobooks on [hoopla](#) or [Overdrive](#).

To learn more about mental illness check [Mental Health Literacy](#)

Anderson, Lily	<i>Scout's Honor</i> (humor and action dealing with mental health)
Arnold, David	<i>Mosquitoland</i> (psychosis)
Barnard, Sara	<i>Destination Anywhere</i> (trauma)
Brown, Echo	<i>Black Girl Unlimited</i> (depression)
Colbert, Brandy	<i>Little & Lion</i> (bipolar)
Cooke, Pan	<i>Puzzled</i> (OCD) graphic novel
Drake, Julia	<i>The Last True Poets of the Sea</i> (grief, anxiety, suicidality)
Garvin, Jeff	<i>The Lightness of Hands</i> (bipolar)
Heilig, Heidi	<i>For a Muse of Fire</i> (bipolar)
Kinsella, Sophie	<i>Finding Audrey</i> (social anxiety)
Konigsberg, Bill	<i>The Bridge</i> (suicide, depression)
Lacour, Nina	<i>We Are Okay</i> (grief)
Lord, Emery	<i>When We Collided</i> (bipolar)
McGinty, Sean	<i>Rainbow in the Dark</i> (depression)
Niven, Jennifer	<i>All the Bright Places</i> (grief, suicide)
Pollen, Samuel	<i>The Year I Didn't Eat</i> (eating disorder)
Sanchez, Erika	<i>I Am Not Your Perfect Mexican Daughter</i> (grief, trauma, immigration)
Scelsa, Kate	<i>Fans of the Impossible Life</i> (depression)
Shusterman, Neal	<i>Challenger Deep</i> (schizophrenia)

Smedley, Zack *Tonight We Rule the World* (neurodiversity, PTSD)
Stewart, Erin *The Words We Keep* (self harm)
Vizzini, Ned *It's Kind of a Funny Story* (depression, anxiety, hospitalization)
Warman, Jessicaa *Breathless* (schizophrenia)
Weir, Ivy Noelle *Archival Quality* (depression, anxiety)

SUBSTANCE ABUSE

Dessen, Sarah *Saint Anything*
Glasgow, Kathleen *You'd Be Home Now*
Shusterman, Neal *Roxy*