

# MAY

## Adult Programs at **Library of the Smithfields**

### **Monthly Omnivorous Readers Book Club**

Thursday, May 9th, 8:00pm-9:00pm via ZOOM

The book theme for this month is Flowers on the Cover or in the Title. An email invitation with the Zoom link will be sent out before the meeting. If you are not currently a member of the club but would like to join us, call 570-223-1881 or send an email to [smf@monroepl.org](mailto:smf@monroepl.org).

### **Library of the Smithfields Sit and Stitch**

Thursday, May 16th, 5:00 pm- 6:00pm -- Meeting Room

We welcome knitters, crocheters, quilters, and other fiber artists to bring themselves and their craft to the Library of the Smithfields for this informal craft gathering to connect with fellow makers. All skill levels can join. Don't be afraid if you're a newbie. We all start somewhere! Bring your own supplies! Supplies and instruction will not be provided. Stay for as long as you like! May's Sit and Stitch will be held in the meeting room in the library.

### **Lyme Disease Health Booth**

Monday, May 20, 9:00 am - 1:00 pm

Stop by the library between 9am and 1pm to pick up information on Lyme Disease and other tick borne diseases along with ways you can protect yourself and your family. A PA Department of Health nurse will be available to answer any questions or concerns you may have. No appointment necessary.

### **Into the Woods Presented by Kettle Creek**

Friday May 31st, 2:00 pm - 4:00 pm

Do you love the outdoors but wonder if you're enjoying it safely? Kettle Creek is coming by to teach you what to worry about and what not to worry about when spending time in the natural environment and encourage you to spend time outdoors without fear. This program is geared towards adults but anyone age 10 or over is invited to join. Registration is required. Please call the Library of the Smithfields at 570-223-1881 to join!

### **Chair Yoga and Movement**

Saturdays, May 7 and 28 -- MST Community and Cultural Center Community Room

Join Luz for an eclectic mix of chair yoga and movement to help you stay healthy and well! No cost to join! Please bring water and a small towel. Dress to move.



#### **Contact us!**

Library of the Smithfields  
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570-223-1881

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