

# MAY

## Adult Programs at Hughes Library

### **Free Sunday Matinee Film: "Malcolm X"**

Sunday, May 5th, 1:00pm -- Hughes Community Room

Experience the powerful biographical epic "Malcolm X" at our Words & Film program. Directed by Spike Lee, the film traces the life of the influential Black Nationalist leader, featuring stellar performances by Denzel Washington and others. Rated PG-13 for scenes of violence, drug content, and language.

### **Tick & Lyme Disease Health Booth**

Monday, May 6th, 1:00pm-4:00pm -- Hughes Lobby

Our PA Department of Health rep will be here to answer your questions!  
No appointment necessary. Drop in anytime 1pm-4pm.

### **Adult Seedball Workshop**

Monday, May 6th, 1:30pm -- Eisemann Room

Led by Master Gardeners from the Penn State Extension, Monroe County, this workshop offers hands-on guidance for creating seed balls using soil, clay, and native plant seeds. Perfect for all gardening skill levels, join us for a fun and educational experience in seed growth. [**\*Registration Required - Limited Space\***]

### **Lyme Disease Health Booth**

Monday, May 6th, 1:00pm - 4:00pm -- Hughes Lobby

Pick up information on Lyme Disease and other tick borne diseases along with ways you can protect yourself and your family! A PA Department of Health nurse will be available to answer any questions or concerns you may have. No appointment necessary.

### **Hughes United Book Club**

Tuesday, May 7th, 6:30pm - 8:00pm -- Eisemann Room

This month's selection of the Hughes United Book Club (HUB) is Vera Kurian's Never Saw Me Coming. An e-book copy of this title is available on Hoopla. Hybrid meeting.  
New members welcome!



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### **Empowering Minds: An Alzheimer's & Dementia Awareness Program**

Thursday, May 9th, 2:00pm -- Eisemann Room

Explore the complexities of Alzheimer's and dementia with an enlightening presentation by the Alzheimer's Association. Gain insights into treatment options and discover a wealth of resources available for support and assistance in our community.

**[Registration required- limited space. Walk-ins permitted if space]**

### **Navigating Nature's Neighbors: Understanding White-Tailed Deer in Your Backyards**

Wednesday, May 15th, 5:30pm -- Hughes Community Room

Embark on an enlightening exploration of white-tailed deer with Kettle Creek Environmental Education Center, tailored for adults seeking practical insights. Gain a deeper understanding of their biology, behavior, and ecological significance, along with practical strategies for coexisting with these creatures in your community.

### **Create a Backyard Pollinator Habitat**

Thursday, May 16th, 2:00pm -- Hughes Community Room

Join us for an engaging presentation by Penn State Extension Master Gardeners, Monroe County, focused on cultivating a pollinator-friendly environment. Discover insights from Pollinator Steward Marie Bondi on creating a backyard habitat that supports local pollinators and learn year-round gardening techniques to nurture these essential creatures. No registration required.

### **BookHouse Concert: Slagle Rock & Sue**

Friday, May 17th, 7:00pm -- Hughes Community Room

Rock the evening away with a dynamic duo performing an array of beloved pop-rock tunes. Enjoy timeless hits and sing along to your favorites for a night of unforgettable entertainment! Admission is free! Doors open at 6:30.



**Contact us!**  
Hughes Library  
1002 N. Ninth St., Stroudsburg, PA 18360  
570-421-0800 ext. 317  
reference@monroepl.org



**See next page  
for more programs!**

### **“Ask a Master Gardener!” Booth**

Monday, May 20th, 2:30pm-3:30 pm -- Hughes Lobby

Join the Penn State Extension Master Gardeners, Monroe County for an informative monthly booth at the Hughes Library from March through October! You can have all your gardening questions answered without the need for an appointment! Drop in.

### **Evening Chair Zumba Class with Danny Grae**

Tuesday, May 21st, 5:30pm -- Eisemann Room

Discover the joy of Chair Zumba with Danny, a seated adaptation of the popular Zumba dance fitness program. Led by licensed instructor Danny Grae, this high-energy class offers a toned upper body workout with easy-to-follow choreography and a sense of humor. Register by calling 570-421-0800 ext. 317 and join us for a fun-filled fitness experience!

### **Board Game Night for Adults**

Thursday, May 23rd, 4:00 pm - 8:00 pm -- Hughes Community Room

Join us for fun and games, meet new people, and bring your favorite tabletop games! (Or try ours!) Open to all, ages 14+. No experience required, all skill levels welcome.

## **April’s “Tech Thursday” Schedule at Hughes**

### **Thursdays at 2:00pm -- Pullen Room**

Perfect for beginners, these sessions cover introductory topics. Limited spaces - registration required. Secure your spot by registering in advance—call the reference desk at 570-421-0800 ext. 317 for more information or to register.

**April 4th @ 2pm: iPads & iPhones Basics**

**April 11th @ 2pm: Internet Safety**

**April 18th @ 2pm: Microsoft Word for Beginners.**

### **May Closings**

Tuesday, May 14th - Closed for Staff Development Day

Sunday, May 28th & Monday, May 29th - Closed for Memorial Day



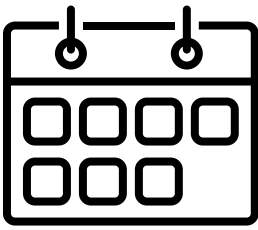
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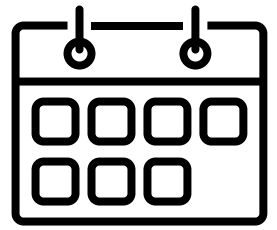
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# Weekly



## Adult Programs at Hughes Library

### Chair Yoga

Every Monday, 2:00pm (unless otherwise specified)

Hughes Community Room

**May: No classes 05/20 and 05/27**

Please dress comfortably and bring water to stay hydrated. There is no cost to attend! For ages 14 and up.



### Sit & Stitch!

First & Third Mondays Only, 3:30pm - 5:00pm

Hughes Community Room

**May: Monday, May 6th & May 20th, 3:30pm - 5:00pm**

A social event. Whether you love crochet, knitting, spinning, sewing, or any craft, come connect with fellow enthusiasts. Feel free to drop in for a brief visit or stay for the entire session. Please bring your own supplies.

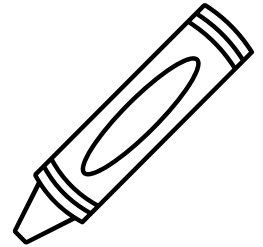


### Color Yourself Calm – Adult Coloring Program

Every Wednesday, 12:30-3:00pm (unless otherwise specified)

Pullen Room

Join us every Wednesday for our Color Yourself Calm Adult Coloring Program. Choose a page from a variety of coloring books and sit down and color! All materials provided by the library. Drop-in.



### Tech Thursday Classes

Every Thursday, 2:00pm - 3:00pm (unless otherwise specified)

Pullen Room \*registrations required\*

Perfect for beginners! Secure your spot by registering in advance—call the reference desk or visit [www.monroepl.org](http://www.monroepl.org) for the schedule.

Limited space available.



### Chair Cardio/ Movement Exercise Class

Every Friday, 2:00pm (unless otherwise specified)

Hughes Community Room

**May: No classes 05/17 & 05/31**

A mix of yoga, cardio, and Zumba for ages 14 & up. Please dress comfortably and bring water to stay hydrated. No cost to attend!

