



# March

## Adult Programs at Hughes Library

### Free Sunday Matinee Film:

#### **“Are You There God? It's Me, Margaret”**

Sunday, March 3rd, 2:00pm -- Hughes Community Room

Words & Film presents a FREE movie starring Rachel McAdams, Abby Rider Fortson, and Kathy Bates. The film follows eleven-year-old Margaret's introspective journey as she navigates a new town, contemplating life, friendship, and adolescence. Supported by her mother and grandmother, they explore questions of identity and the pursuit of meaning in their new environment.

### **Sit & Stitch!**

Monday, March 4th & March 18th, 3:00pm - 4:30pm -- Hughes Community Room

Crafters unite! Join the 'Sit and Stitch' gathering at the library every first and third Monday from 3 pm to 4:30 pm. Whether you love crochet, knitting, spinning, sewing, or any craft, come connect with fellow enthusiasts. Feel free to drop in for a brief visit or stay for the entire session. Please bring your own supplies.

### **Hughes United Book Club**

Tuesday, March 5th, 6:30pm - 8:00pm -- Eisemann Room

This month's selection of the Hughes United Book Club (HUB) is Kalani Pickhart's *I Will Die in a Foreign Land*. An e-book copy of this title is available on Hoopla. Join the Zoom hybrid meeting. non-members, contact Jason or Cheryl at 570-421-0800 x. 311 or [jvigorito@monroepl.org](mailto:jvigorito@monroepl.org). New members welcome!"

### **Tech Thursdays: Computers & Internet (Introductory Course)**

Thursday, March 7th, 2:00pm - 3pm -- Pullen Room

This class provides a gentle introduction to essential computer skills and navigating the online landscape. Perfect for beginners, we'll cover the basics to boost your confidence in the digital realm. Registrations required. Call 570-421-0800 ext. 317 or stop by the Hughes Library Information Desk on the second floor.



<p><b>Contact us!</b></p> <p>Hughes Library 1002 N. Ninth St., Stroudsburg, PA 18360</p> <p>570-421-0800 ext. 317 <a href="mailto:reference@monroepl.org">reference@monroepl.org</a></p>
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**See next page  
for more programs!**



### **Board Game Night for Adults**

Thursday, March 14th, 4:00 pm - 8:00 pm -- Hughes Community Room

Join us for fun and games, meet new people, and bring your favorite tabletop games! (Or try ours!) Open to all, ages 14+. No experience required, all skill levels welcome.

### **Tech Thursdays: E-Books and E-Audiobooks Class**

Thursday, March 14th, 2:00pm - 3:00pm -- Pullen Room

Dive into a comprehensive exploration of library services like Hoopla, Libby, and more, designed to provide you with a treasure trove of digital books and audiobooks.

Registrations required. Call 570-421-0800 ext. 317 or stop by the Hughes Library Information Desk on the second floor.

### **Tech Thursday: Informational Literacy – How to Recognize Disinformation**

Thursday, March 21st, 2:00pm-3:00pm -- Pullen Room

Uncover the art of distinguishing reliable information from disinformation, enhancing your ability to make informed decisions online. Registrations required. Call 570-421-0800 ext. 317 or stop by the Hughes Library Information Desk on the second floor.

### **Nutrition & Shopping Informational Health Booth**

Monday, March 25th, 1:00pm-4:00pm -- Hughes Lobby

March is National Nutrition Month! Stop by the library to pick up information about healthy eating and what to look for on those nutrition labels at the grocery store. Our

PA Department of Health rep will be here to answer your questions!

No appointment necessary. Drop in anytime 1pm-4pm.

### **Tech Thursday: Google Docs Class for Beginners**

Thursday, March 28th, 2:00pm-3:00pm -- Pullen Room

Learn how to effortlessly create and edit text documents directly in your web browser, eliminating the need for additional, paid software. Discover the collaborative features that make Google Docs a powerful tool for individuals and teams alike.

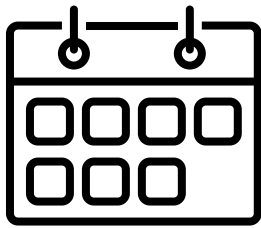
Registrations required. Call 570-421-0800 ext. 317 or stop by the Hughes Library Information Desk on the second floor.

### **CLOSED**

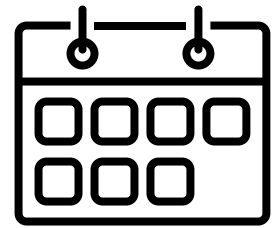
Sunday, March 31st

All branches of Eastern Monroe Public Library will be closed Sunday, March 31st in observance of the holiday. Normal hours will resume Monday, April 1st.

Our online library is available 24/7 at [www.monroep.org](http://www.monroep.org)



# Weekly



## Adult Programs at Hughes Library

### Chair Yoga

Every Monday, 2:00pm (unless otherwise specified)

Hughes Community Room

Chair yoga has been helpful for people who have injuries, low mobility, or physical disabilities. Please dress comfortably and bring water to stay hydrated. There is no cost to attend! For ages 14 and up.

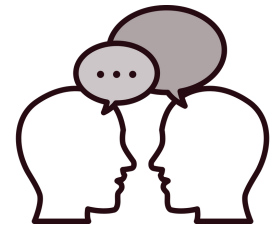


### ESL Classes

Every Tuesday, 6:00pm (unless otherwise specified)

Pullen Room

Come and join our free English as a Second Language (ESL) classes! These sessions are for adults who are learning English. With an instructor and in a group setting, you can practice and improve your English skills.



### Color Yourself Calm – Adult Coloring Program

Every Wednesday, 12:30-3:00pm (unless otherwise specified)

Pullen Room

Join us every Wednesday for our Color Yourself Calm Adult Coloring Program. Choose a page from a variety of coloring books and sit down and color! All materials provided by the library. Drop-in.

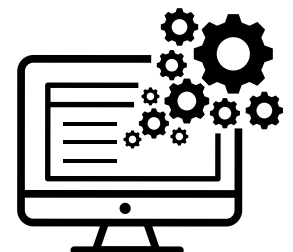


### Tech Thursday Classes

Every Thursday, 2:00pm - 3:00pm (unless otherwise specified)

Pullen Room \*registrations required\*

Perfect for beginners, these sessions cover diverse topics such as computer basics, Microsoft Word, iPads, iPhones, Facebook, and more. Secure your spot by registering in advance—call the reference desk or visit [www.monroepl.org](http://www.monroepl.org) for the schedule. Limited space available.



### Chair Cardio/ Movement Exercise Class

Every Friday, 2:00pm (unless otherwise specified)

Hughes Community Room

A mix of yoga, cardio, and Zumba for ages 14 & up. Please dress comfortably and bring water to stay hydrated. No cost to attend!

