

February



Adult Programs at **Hughes Library**

Maxwell Kofi Donkor & Sankofa: African Drum & Dance Ensemble

Friday, February 2nd, 7:00pm (doors open 6:30pm)

Maxwell Kofi Donkor, an internationally recognized master of African Drumming, brings the rhythm of Ghana to life. With over 20 years of experience, Kofi & Sankofa create an evening of shared joy, love, and cultural celebration.

Admission is free, donations gratefully accepted!

Free Sunday Matinee: 10,000 Black Men Named George

Sunday, February 4th, 2:00pm

Words & Film proudly presents a FREE presentation of director Robert Townsend's 10,000 Black Men Named George*. The movie is a biopic following the story of Asa Philip Randolph, a political activist in the 1920s, as he endeavors to unionize the porters of the Pullman Rail Company. Free admission.

Sit & Stitch!

Monday, February 5th **and** Monday, February 19th, 3:00pm-4:30pm

Calling all crafters! Whether you're into crochet, knitting, spinning, quilting, or any crafty project, you're invited! Embrace the joy of creativity and connect with fellow enthusiasts. Feel free to drop in for a brief visit or stay for the entire session. Please bring your own supplies, and we'll be meeting in the Pullen Room of the Hughes Library.

All are welcome to share in the company, conversation, and crafting fun!

See next page
for more programs!

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digital copy

Contact us!

Hughes Library
1002 N. Ninth St.
Stroudsburg, PA 18360

570-421-0800 ext. 317

reference@monroepl.org

Hughes United Book Club

Tuesday, February 6th, 6:30pm - 8:00pm

This month's selection of the Hughes United Book Club (HUB) is Eddie Jaku's The Happiest Man on Earth. An e-book copy of this title is available on Hoopla. Join the Zoom hybrid meeting. non-members, contact Jason or Cheryl at 570-421-0800 x. 311 or jvigorito@monroepl.org. New members welcome!"

Heart Health Info. Booth

Friday, February 16th, 1:00pm-4:00pm

Stop by Hughes Library Lobby to visit our Health Booth! A great opportunity to speak with a PA Department of Health nurse and to ask your questions. A collaborative effort with the PA Department of Health to raise and promote public awareness about healthy habits. No appointment necessary - drop in between 1pm and 4pm.

Red Cross Blood Drive

Saturday February 17th, 9:30 am-2:30 pm

Give the gift of life at the Hughes Library Blood Drive in the Edinger Community Room. Schedule at 1-800-RED-CROSS or RedCrossBlood.org, code 'EMPL'. Save time with RedCrossBlood.org/RapidPass.

Board Game Night for Adults

Wednesday, February 21st, 4:00 pm - 8:00 pm

Join us for fun and games, meet new people, and bring your favorite tabletop games! Open to all, ages 14 and up. No experience required, all skill levels welcome.

Chair Yoga

Every Monday, 2:00pm (unless otherwise specified)

Chair yoga has been helpful for people who have injuries, low mobility, or physical disabilities. Please dress comfortably and bring water to stay hydrated. There is no cost to attend! For ages 14 and up.

Color Yourself Calm – Adult Coloring Program

Every Wednesday, 12:30-3:00pm (unless otherwise specified)

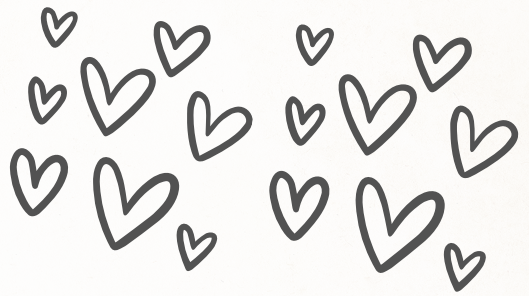
Join us every Wednesday in the upstairs Pullen Room of the Hughes Branch for our Color Yourself Calm Adult Coloring Program. Choose a page from a variety of coloring books and sit down and color! All materials provided by the library. Drop-in.

Chair Cardio/ Movement Exercise Class

Every Friday, 2:00pm (unless otherwise specified)

A mix of yoga, cardio, and Zumba for ages 14 & up. Please dress comfortably and bring water to stay hydrated. No cost to attend! For ages 14 and up. **No class 02/02.**

February



Adult Programs at **Library of the Smithfields**

Chair Yoga for Adults

in the MST Community & Cultural Center

11am, Thursday, February 1st

11am, Saturday, February 3rd

11am, Saturday, February 17th

Join certified instructor Luz for an eclectic mix of chair yoga and movement to promote health and well-being. This event is free to join and welcomes participants of all abilities. Don't forget to bring water, a small towel, and dress comfortably to move. If you have yoga blocks, feel free to bring them along for an enhanced experience.

Monthly Omnivorous Readers Book Club

Thursday, February, 8th, 8:00pm-9:00pm via ZOOM

The Smithfields Omnivorous Readers Book Club meets 8:00 pm – 9:00 pm on the second Thursday of every month via Zoom. Rather than everyone reading the same book, each member reads a book of their choosing related to the month's theme and then discusses the book with the rest of the club. Call us at 570-223-1881 or email jvigorito@monroepl.org for more information.

Heart Health Information Booth

Monday, February 26th, 9:00am - 1:00pm

Stop by Library of the Smithfields to visit our Health Booth! A great opportunity to speak with a PA Department of Health nurse and to ask your questions. A collaborative effort with the PA Department of Health to raise and promote public awareness about healthy habits. No appointment necessary - drop in between 9am to 1pm.

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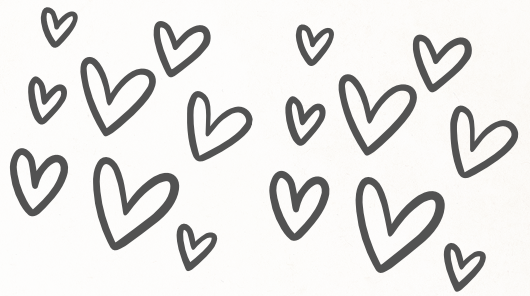
Contact us!

Library of the Smithfields
5200 Milford Rd,
E. Stroudsburg, PA 18302

570-223-1881

smf@monroepl.org

February



Adult Programs at **Pocono Township** Library

“Better Health in the New Year!” Health Booth

Thursday, February 1st, 9:00pm-1:00pm

Our PA Department of Health nurse will be here with information on how to improve your health in the New Year! Drop by to pick up information or ask any questions regarding your health and how to manage it. No appointment necessary.

The BookTalk Book Club

Tuesday, February 13th, 2:00 pm-3:00 pm

The Pocono BookTalk Book Club is gathering in-person at the Pocono Township Library Branch. The club will be reading Shelby Van Pelt’s Remarkably Bright Creatures this month. The meeting starts at 2:00 pm. Please call the library at (570) 629-5858 or email ptl@monroepl.org for more information. New members are always welcome!

Pocono Township LitLovers Book Club

Tuesday, February 27th, 6:30 pm

The Pocono Township LitLovers Book Club will be reading Michelle Obama’s The Light We Carry: Overcoming in Uncertain Times this month. This meeting will be held both in-person and virtually through Zoom. The Zoom invitation will be emailed to you beforehand. You can email the branch at ptl@monroepl.org for an invitation and further information. New members are always welcome!

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Municipal Building
Route 611
112 Township Drive,
Tannersville, PA 18372

570-629-5858

ptl@monroepl.org